

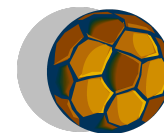
Athletic Information for 2023-2024 School Year

In preparation for the 2023-2024 school year, please be advised of the following information regarding participation in athletic activities in grades 5 – 8.

Sport Offerings:



- 5th Grade:** Boys & Girls Cross Country (Fall)
Boys & Girls Intramural Basketball & Wrestling (Winter)
- 6th Grade:** Soccer & Cross Country (Fall)
Boys & Girls Intramural Basketball & Wrestling (Winter)
Boys & Girls Track & Field (Spring)
- 7th & 8th Grade:** Football, Volleyball, Soccer, & Cross Country (Fall)
Boys & Girls Basketball & Wrestling (Winter)
Boys & Girls Track & Field (Spring)



To participate in sports for the 2023-2024 school year, all athletes (grades 5-8) must complete the following ***before*** they can practice:

- **CURRENT PHYSICAL** (No less than every other year with April 1st as the earliest date) on or after April 1st of 2022. This is the only paper form that will be received.
https://www.wdpsd.com/cms_files/resources/Physical.pdf Return this doc to the IS or MS office.

The remaining forms must be completed by the parent in your PowerSchool account, under the forms tab, enrollment category: **No paper copies will be accepted.**

- Indicate in Section 6, Co-curricular Activities, of your intent to participate in “sports” and check the box of each activity accordingly. This is how you “sign up” for a particular activity.
- **EMERGENCY MEDICAL INFORMATION AGREEMENT** – Medical Insurance Required (must be updated yearly)
- **CONCUSSION FORM** (must be updated yearly)
- **CODE AND RULES VIDEO** (done individually by **each** athlete in the family AND a parent/legal guardian), ONE TIME while a student is enrolled at the Intermediate or Middle School. **Note: If you completed a Code & Rules video previously, you do not need to complete again!**

Important Dates for the 2023-2024 Athletic Year:

August	21	2:00pm – Football Equipment Handout 8th Graders – MS Gym 3:00pm – Football Equipment Handout 7th Graders – MS Gym Weigh-ins done during equipment check out 4-5:30 – First Football Practice – Helmets, Shorts, Jerseys - At MS Football field
August	22-25 & 28	8:30-10:30am – Football Practice - High School Stadium
August	28	Practice Begins – Cross Country 3:00-4:00pm, Football – 3:00-5:00pm, Soccer – 3:00-4:30pm, Volleyball–3:00-4:30 pm
September	1 & 4	Labor Day Holiday - no practices
October	9	7/8 Girls Basketball Begins, 3-4:30, MS Gym
October	19	Parent Teacher Conference Night
November	6	7/8th Boys Basketball Begins, 3-4:30, 7th (IS Gym), 8th (MS Gym)
January	2	5-8th Wrestling Begins, 3-5, IS Gym
February	19	6th Boys & Girls Basketball Begins, 3-4:30, Boys (MS Gym), Girls (IS Gym)
February	20	5th Boys & Girls Basketball Begins, 3-4:30, Boys (MS Gym), Girls (WW Gym)
February	22	Parent Teacher Conference Night
April	8	7/8 (co-ed) Track Practice Begins – at MS gym 3:00-4:15 pm
April	10	6th (co-ed) Track Practice Begins – at IS gym 3:00-4:15 pm



Parents of Athletes: Contact information: Please make sure the school’s office has updated contact information on file. The information that is in PowerSchool will be used to contact you for events and notifications. Text Messages: Due to FCC regulation changes, in order to receive text messages on your mobile device each device will need to text "Y" or "Yes" to 68453. This will enable your device to receive important messages from your child's school. If you wish to stop receiving messages at any time simply text "Stop" to 68453. Go to www.wdpsd.com, Parents, Parent Notification and follow instructions.

PLEASE GO TO WWW.BAYCONFERENCE.ORG FOR PRACTICE/GAME SCHEDULES.

SIGN UP ON “NOTIFY ME” TO RECEIVE ANY CHANGES MADE TO THE SCHEDULE

For a tutorial on bayconference.org, go to www.wdpsd.com, click on Middle School then Athletics, then Bay Conference Tutorial Sheet.